MENTAL HEALTH AND THE MEN-ARE-PIGS PROJECT

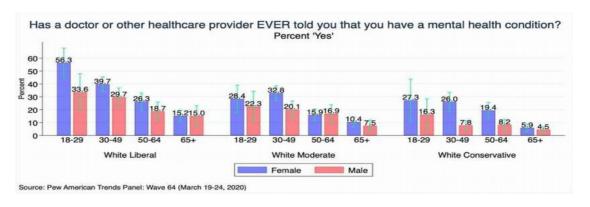
by Miles Mathis

First published May 31, 2021

I have joked in old papers that many of the women I have dated weren't just "crazy" by some knee-jerk armchair diagnosis of mine, they were *clinically* crazy, having mental illness reports on file somewhere. Honestly, I knew this about several of them, who later admitted it to me in some way, but I suspected it of many others. In subsequent papers I then used this to propose a larger cause of the problem as well as a solution. Well, today I tripped across some confirmation of this on youtube. Bill Whittle at *Half-Mad* linked to an *Evie* magazine article which reported the results of a 2020 Pew Research poll of almost 12,000 people. Zac Goldberg, a doctoral candidate, reported the results more widely, being reprinted at several places on the internet. Goldberg and most of these outlets only reported the overview: liberals are much more likely to self-report a mental illness diagnosis than conservatives. Right outlets have of course used this in their own way to slander leftists, but don't worry, I will take it a different direction. [I have to because, remember, I myself am a leftist.] *Evie* then included data showing that women on the left led all categories in mental illness. I will also take this in a different direction than you have seen.

But's let's back up. Some will ask why I was dating crazy women. Doesn't this say something about me? Am I drawn to crazy women? I have often been accused of it, but NO. As I have said before, I am drawn to very attractive, brainy women, and these tend to be unstable, as was known long before I hit the scene. This is equally true of men, so I am not pointing fingers. It is known that high IQ people are disproportionally unstable, commit suicide, etc. This is probably due to the fact that they gather more information, having then to sort through it. Since in modern society sorting through all this disparate (and purposely confusing) information is very difficult, very few manage it. So in some ways, the less you know now the better.

Back to the main line. *Evie*, a woman's magazine and probably a CIA front (there is no easy information available on it), focuses on something Goldberg doesn't: white liberal women lead the pack by far in this diagnosis of mental illness. The highest and most shocking number is for under-30 white liberal women: 56.3% of them report mental illness! While conservative women report less than half that, 27.3%. Bill Whittle uses this to slander all liberals, implying they are suffering from paranoia.



Whittle does this by quoting Dr. Lyle Rossiter from the *Evie* article:

As Rossiter tells it [these are the causes of liberal angst]: "poverty, disease, war, ignorance, unemployment, racial prejudice, ethnic and gender discrimination, modern technology, capitalism, globalization, and imperialism. In the radical liberal mind, this suffering is inflicted on the innocent by various predators and persecutors: 'Big Business,' 'Big Corporations,' 'greedy capitalists,' 'U.S. Imperialists,' 'the oppressors,' 'the rich,' 'the wealthy,' 'the powerful,' and 'the selfish'."

The author at *Evie*, Elizabeth Condra, doesn't really tell us what to think of that. Are those oppressors real or imagined? But she does tend to dismiss them, by telling us that such "keeping score" of those oppressing us is mentally unsustainable. We also don't know what Rossiter thinks of this, just by reading this article. Is he dismissive of this list? The tone tells us he is. But with Whittle there is no doubt: he assures us that these liberals are just paranoid. According to him Red State America is a paradise, and the Blue States are causing all their own problems, with no help from greedy capitalists.

So you already see I am on neither side here. To stay sane and correct, we have to ignore spin from both sides and go a third way. Why? One, because nothing in the Pew poll indicated anyone was paranoid. We may assume the bulk of the mental illness diagnoses were for depression, since depression leads all diagnoses by a huge amount (264 million to 50 million for second-place dementia), and since women are diagnosed with depression more than men, at rates that somewhat mirror the graph above. And two—and more importantly—because anyone who thinks our problems are caused by greedy capitalists is not paranoid or mentally ill. Rossiter's final list is pretty accurate, which immediately makes us distrust him, Whittle, and Condra, who are all trying to spin us off it.

They want you to think liberals just like playing the victim or complaining, but that isn't the problem. I agree that the left side of American politics has crashed and burned, but not for that reason. In fact, liberals in the past decade haven't even focused on greedy capitalists, have they? For some strange reason they have wandered off the beam, focusing instead on white supremacists, ass pinchers, vaccine deniers and other medical refusniks, and Trump supporters. And why have they done this? I have told you over and over: it is because the media is now the voice of fake "liberalism", and the media is owned by . . . can you tell me? . . . that's right, the very rich. The greedy capitalists. So the very rich need your eyes off them and on fake white supremacists and all the rest. I suspect that Rossiter, Whittle, and Condra are part of this larger project.

And there's yet another problem with this Pew poll. Buried under it is the assumption that depression is a mental illness. I have news for you: in most cases, it isn't. Both depression and number-3-most-common-mental-illness bipolar disorder are blanket diagnoses that include a huge percentage of natural reactions. If your reaction is natural, it isn't a mental illness. For instance, if you are saddened by a recent death in the family, you probably will show many signs that are the same as depression. But in most cases, this could not be categorized as a mental illness, or shouldn't be, since grieving is a normal and *healthy* reaction. Grieving and depression aren't the same thing. Neither are depression and sadness. Yes, in some cases, this can get out of hand, and these cases we might categorize as mental illness. And yet the psychiatric profession loves to include almost everything under its depression umbrella, for obvious reasons. The greater the numbers, the more important psychiatry appears, and the more funding they can request. Also, and most tellingly, the more anti-depressants they can sell.

It is the same with grieving over the state of society, which is not a mental illness. Given the state of society, we would have to be mentally ill NOT to be grieving over it right now.

And I have other news for you: wanting to solve societal problems is not a sign of mental illness and is not unsustainable. Every person will have different levels of sustainability, so you have to pace yourself. But I myself have sustained quite a high level of this for years, with minimal effects, as most know. I am not clinically depressed, have never been diagnosed as mentally ill in any way, am not bipolar, do not suffer from dementia, and am not paranoid. I do not suffer from anhedonia, since I still take great joy in many things. My sleep is not affected, nor my sexual potency, nor any other ability to function. Those who have seen me or pictures of me know my face is not lined and my eyes are not sunken. I remain high-spirited and angry. The depressed don't have the energy to get angry, since their emotions are squelched. Mine certainly are not.

Well, you will say, if this Pew poll is so flawed, why did I bring it up? Because I believe it is still useful. Once we despin it, it still tells us something important. Although I don't trust those at Pew any farther than I can throw them, I don't think they faked this poll. It matches expectation as well as most previous polls and studies, from both sides. That is to say, it is the analyses in the media I don't trust, not the data. I suspect the data is correct, so we still have to explain it. You will say it is easy to explain: women go to the psychiatrist more often and are more likely to believe and report a negative diagnosis. Plus, as I have already admitted, most of these diagnoses are for depression, which is a squishy diagnosis to start with. Given that, this poll is little better than air, and doesn't require comment.

Possibly. But I don't think so. That would partially explain the male/female split, but wouldn't explain the liberal/conservative split. You will say liberals also go to psychiatrists more often than conservatives, so it is explained in the same way. That might flatten the slope somewhat, but again I suspect more is going on here than that.

Why do I think this? Because I know that polls should match expectation. I am approaching 60, so I have a lot of experience. I have been running polls in my head all my life. Meaning, I have been collecting data and collating it all my life. I have lived in a very mixed environment, socializing with both liberals and conservatives. You will say I have admitted to being antisocial, so let me just say I am a good listener. I am highly aware of what is going on around me, even if I am not an active participant in it. I catalog and remember almost everything. So I expect polls to match my experience. This poll matches my experience, both with women and with liberals. I have personally witnessed *everyone* getting crazier over the past 50 years, but in my experience liberals and women lead the pack. So these numbers from Pew do not shock me at all. As I showed above, the numbers are being purposely misread, but I think they can be properly read.

To read them properly, you have to understand the *cause* of the data, and I have done that in previous papers as well. In short, I have shown you that women and liberals have gone crazier than most because they have been targeted psychologically more than most. The CIA and other institutions—including the big ones like Rockefeller, Carnegie, Ford, and Gates—have, as part of Operation Chaos, targeted women and liberals above all others. You will remind me that I have recently shown how men are targeted in the gender wars, but *psychologically* women have been targeted earlier, more, and more directly. Men have been targeted physically and psychologically, but with men the targeting has been more on the surface. Physically, men have had their sperm counts targeted, for instance. They have also been targeted with fluoride and estrogen and other things. They have also been attacked by destroying their relationships. In this way, men are attacked through the loss of women. In other words, women are driven crazy, men lose them, then the men collapse, either physically or mentally. But the women were the first and primary target, you see. Men were the secondary target, since they

would be brought down through the loss of women.

Liberalism has been heavily targeted since the 1820s, and I have proved that in a long series of papers. This is because liberalism is the greatest foe of greedy capitalists. Liberals wish to equalize opportunity and maximize fairness, and nothing would cut into profits more than that. So it isn't hard to understand. It also isn't hard to prove, since the capitalists admit it and have been admitting it all along. My previous research wasn't hard. Operations Chaos and Cointelpro are partially declassified, and in them it is admitted that liberals, hippies, antiwar protestors, and many other similar groups were targeted because they threatened the war machine, the banking machine, and all the other government conjobs. Since WWII, the largest and fastest growing means of attacking liberalism has been through manufactured events. Manufactured events create destabilization and confusion, which of course lead to mental illness. I have called it a mindstir. One year we are told one thing and the next year we are told the opposite. One year a word means X and the next year it means not-X. One year eggs are healthy, the next year they are unhealthy. One year Bill Cosby is a hero, the next year he is sexual predator. One decade the Earth is going to freeze from global cooling, the next it is going to drown from global warming. One decade the Democratic party is the party of the common man, the next the Republican party is. One decade taxing the rich is good, the next it is bad. The EU is good; no it is bad. Israel is good; no, it is bad. Women's sports are sacrosanct; no, they should be open to trannies.

You will say we are all exposed equally to this rocking, but that isn't really true. Progressives, by definition, are more open to new information. They feel the need to be au courant and up-to-date. That is what progressive means. So they are more likely to follow the news and believe it. Those who call themselves conservatives in the US usually mean by that that they have accepted traditional values about family, sex, law and order, etc., so they are less likely to be moved by new trends, positive or not. They simply aren't very interested in anything new, especially as it pertains to these core values. You can argue that this is either good or bad, but in the present case it does tend to shield them from these psychological projects to some extent. While liberals want to give everything new a fair shake, conservatives may assume everything new is corrupted. What this means is that liberals, like women, are more open to psyops. They may be less guarded, more emotional, and more social. This makes them easier for Intelligence to target.

But it isn't just a matter of greater susceptibility, since Intelligence knows how to craft a message to an audience. If Intel wished to target conservatives rather than liberals, it could, and often does. But in the greater project, liberalism is foe number one, so the do-gooder progressives will always be the prime target. They can't be allowed to use their innate altruism to get in the way of the Department of Defense or the Federal Reserve or any other real or meaningful target, so their eyes and energies have to be diverted into an endless line of manufactured causes and bogeymen.

But even that wasn't enough, as we have seen recently. After 911, some liberals and conservatives began seeing through the veils and began allying, even targeting defense, Intel, and banking. This was seen to be such a danger it required a whole new level of targeted destabilization. As part of this destabilization, we saw a fantastic acceleration of universal gaslighting, trying to convince people they weren't seeing what they were seeing. Hence the world-as-hologram project, the Mandela Effect, and the huge increase in mass shootings. The mass shootings not only increased levels of fear, they also acted as gaslighting, since the narratives soon fell apart. So the news itself began to look like a hologram, seeming true one moment and false the next, but mostly made of mist. Your average person didn't know what to believe anymore—hence the destabilization.

Drug doses were also increased across the board at the same time, for the same purpose. Pot was

decriminalized, the governors hoping everyone would just get stoned. Anti-depressants, sleeping pills, and all other pills—prescription and non—have been on a steep increase since the 1950s, the numbers becoming awe-inspiring after 2000.

This destabilization was meant to make people feel powerless, so that they would stop asking questions. But the project was mostly a failure, since even the fear, drugs, and gaslighting didn't stop people from asking questions. The greater the chaos, the more people searched for answers. So 2020 arrived and Covid was rolled out as the next phase of misdirection. If mass murders, holograms, and 24/7 gaslighting and drugging couldn't keep our eyes off the Phoenician Navy, maybe a pandemic could. When even that began slipping, they manufactured race riots. When those mostly failed, they manufactured an election crisis. Now that that has mostly failed, they appear to be manufacturing an alien invasion. But people are already suspicious from all the recent fails, so that will fall flat, too. The only thing left will be a manufactured world war to divert our attention and energy, but I predict that will also go nowhere. The world isn't what it was in 1941. Back then, trust in government and media was almost absolute. Trust now is near-zero. I don't see any way they could sell a world war now. There isn't enough patriotism left to sell a border skirmish in Idaho, much less a war with China.

Even if I am wrong and people aren't too savvy to see through another manufactured war, they are too debilitated to show up for it. Most people can hardly get out of bed to show up for their shift at Walmart or Amazon—how are they going to show up for a war? Are we supposed to fight China with a bunch of stoners, meth-heads, and opioid addicts? Men can't even get it up for women anymore, how are they going to get it up for a war? Or are women going to fight this war, while addled on Valium, Desyrel and Lunesta?

But let's go back to the beginning, to round this out and finish it off. If women aren't crazy from depression, why do I think they are crazy? Crazy how? What exactly are the signs and symptoms I have witnessed firsthand? To be honest, it is mostly confusion and the inability to act. Even now, I am not sure that qualifies as mental illness: it may just be induced inertia. Caught early, that, like depression, would be temporary and reversible. It only becomes a mental illness when it lasts years and begins to spill into other channels. For instance, an inability to act or decide would naturally ruin a budding relationship, then ruin a series of them, at which point the woman blames herself or all men—either of which will obviously tend to spiral out of control.

So what is the difference between depression and induced inertia? Isn't inertia a symptom of depression? No. I would say depression is a symptom of induced inertia. What we are taught is upside down, as usual, probably on purpose. What I mean by induced inertia is simple: the CIA wants to ruin a woman, so it targets her. She is taught a hodgepodge of conflicting information that cannot possibly be assimilated, hence the confusion. Once she is confused this way, she cannot make a rational decision in a real-life situation, because she is being pulled in opposite ways at the same time. Her instincts tell her to love a man and trust him, while the media tells her she cannot trust him. So her body is telling her go and stop at the same time. She tells the man to go and stop at the same time, so he doesn't know what to do and eventually gives up. This ruins not only her relationships, but his. Both the man and the woman have been targeted through her.

As you see, the confusion comes first, then the inertia, then the depression. She is depressed (grieved) by the failed relationships. If this cycle continues, the grief and confusion spiral out into self-loathing, male loathing, or loathing of the world, which then becomes an unbreakable cycle. It is only at this point that we can call anything a mental illness. Before that it was just an error. And even that error was induced. It was like purposely introducing a virus into a computer.

So, contra Rossiter and Whittle above, the woman really *is* a victim. She isn't wrong about that. And if she thinks that greedy capitalists are to blame, again she is not wrong. She has been targeted by the CIA, which is owned by the richest people, so she would be absolutely correct. The problem is, almost no women actually do place the blame there. Rather, taught and misdirected by the same CIA, they blame maleness, the patriarchy, or some other propped-up scarecrow. Yes, the Phoenician Navy tends to be run by males, but if you are a woman they want your eyes off them. They want you targeting and blaming the males around you, who—unless you are a very wealthy Jewish woman—are blameless. Most men, like most Jews, aren't part of any -archy, patriarchy or otherwise, since they have no power and make no decisions. Unless they are CIA, most likely they wish you no harm and only want to get along. Most likely they have been targeted just like you have. They have been destabilized as much as you have. They are nearly as confused as you are, and the only reason they aren't is they have more testosterone, allowing some of them to get over that hump and act. You should be very glad they can.

And if you are a young woman who can act decisively, good for you. Keep it up. But make very sure you are acting on good information, and not on the bad information you are getting from the mainstream. Use that decisiveness to decide to question everything you have been taught, and everything you will be presented with. I did, and I can tell you most of it is false. We have all been scammed massively from birth, and though you can walk around the scam, it takes a lot of doing. It takes a sustained effort, at or near your limits, for years and years.

As I say in every paper like this, the main thing you and the men around you must do is get back together and stay together. You must resist the project to split you, since the male-female alliance is the most basic and most powerful one that exists. It not only produces children, it produces almost everything else of value. It is the source of all stability and the source of all resistance to tyranny. Single men and women who do not believe in one another have no reason to resist tyranny or anything else and the governors know this. It is why they have split us. Isolated people have very little reason to care, and are ripe for oppression. But families and communities do care, because they are protecting a future that is greater than themselves.

To reconstruct the alliance of the sexes, you have to believe in men again, which means you have to mark all the recent propaganda return-to-sender. You have to tell the news and the media to go away, retapping into your primal instincts, which are far better and more trustworthy than the mainstream. If you are a progressive, you have to realize that all the "progress" of the last century has been an illusion or a con. Society has not progressed, it has regressed into chaos and confusion, idiocy and vulgarity, corruption and squalor. *On purpose*. All this has been done as part of a plan to disempower the average man and woman, to separate them and squash them, so that they are no threat to their rulers. You have to realize the governors have no desire to raise you up or enlighten you, man or woman. Their only goal is to make sure you cannot compete, so that you do not inconvenience them as they take everything of value, including all money, all property, all commodities, all the interesting jobs, all the attention, and all the promotion.

So, as you see, you are in a deep hole, one you cannot possibly climb out of yourself. First you need a partner, then you need a family, then you need a community. Only with all of them can you begin to organize against your powerful oppressors. That means the very first order of business for most women is finding a good man—same as it always was. That isn't sexist, because the reverse is equally true: the man must find you. That is his first order of business. This isn't something you should be doing after age 30, it is something you should be doing in your late teens, as in the old days.

This has been a primary point of miseducation, since if the governors can mess you up early and separate you from your power structures, you are likely lost for life. Once you have gone adrift, it is very hard to get back to shore, and they know that. So they have told you to concentrate on college and jobs, which is actually the last thing you should be doing at that age. In your late teens and early twenties you should be finding a partner and a community and starting a family. Work is also important, as is continuing to learn, but they are both secondary and in support of family and community. Most young people think they can start a family later, after they have finished college and made bank, but that is going about it all wrong. For the majority of people that won't work, since it doesn't match Nature's timelines. Besides, the majority of people never make bank. The notion comes out of the aristocracy, which is the only place it can work. Rich people can wait until they are middle aged to start a family, since they are born with the connections we are talking about. They don't have to claw their way up or resist oppression, because they are from the oppressing class. Odds are you aren't, so you best pursue your personal alliances early, starting with a husband or wife.

You won't often hear a liberal or a progressive giving such advice, and do you know why? Because most of them have been destroyed or replaced by a mannequin. As I have told you, the liberals in the media aren't real liberals. They are pretend liberals planted by the CIA. The CIA has declassified projects and documents where they have admitted this. They have entire schools where they teach agents how to act, dress, and talk like liberals. See the book *Acid Dreams*, for a start. They also have classes for pretend conservatives, but these are not normal conservatives—they are always far rightwing nutjobs, fake neo-Nazis and such, paid to do and say outrageous things. So almost the entire spectrum of American politics has been manufactured as a diversion. It is a nation-wide puppet show with hourly exhibitions.

If you want to remain sane, you have to walk around the entire arena, recognizing it for the circus it is. Once you have done that, refused the drugs, and found a partner, you will find you are in a completely different world than you thought you were. You will find the paralysis has lifted, and that thoughts come to your mind fluidly and in proper order. You will think of things to do.