Best Sad Songs



by Miles Mathis

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This is to decompress and release after months of heavy papers. I have done a best song list and a best love song list, so now it is time to list the best sad songs. As you are about to see, most of these come from the 1970s, with just a few from later decades. You may think that is just because that is my era, but it isn't. Or not only. It is because the 1970s really was the pinnacle of the radio sad song. There continued to be "negative feeling" songs later, but the negative feeling was no longer what I would call sadness. It had gone far darker, moving into angst, depression, and full-on manufactured pathology. And yes, I mean pathology manufactured by the government, expressly to screw you up, sell you more drugs, and keep you so emotionally obliterated you could not hope to revolt in any meaningful way. Your revolt would be limited to duct-taping your Doc Martens, getting a tattoo, or piercing your nose or something.

But this is from a time before all that, when people had never heard of Morrissey or Nine Inch Nails or Radiohead. This is the late Golden Age of radio music, after the crooners of the 50s and the girl bands of the 60s, when songwriting reached a sort of zenith. Cued by Paul Simon and Leonard Cohen, a new generation realized just what could be done with a radio song, and they went all-out in competition to create the most heart-wrenching three minutes possible.

Send in the Clowns, Steven Sondheim and Judy Collins (not Glynis Johns!)
Fruit Tree, Nick Drake
Dreams, Fleetwood Mac
Don't Expect Me to be Your Friend, Lobo
Photographs and Memories, Jim Croce
Nights in White Satin, Moody Blues
Tall Trees in Georgia, Eva Cassidy (live)
I Can Let Go Now, Michael McDonald

The Boxer, Simon and Garfunkel 10. Cactus Tree, Joni Mitchell Bitter Green, Gordon Lightfoot Empty Chairs, Don McLean I'm not in Love, 10CC Sad Eyes, Robert John How Much I Feel, Ambrosia At Seventeen, Janis Ian I'm Sorry, John Denver Please Come to Boston, Dave Loggins Yesterday, Beatles 20. Operator, Jim Croce Lyin' Eyes, Eagles Crying, Roy Orbison Vincent, Don McLean Someone I Used to Know, Gotye Brandy, Looking Glass My Eyes Adored You, Four Seasons Chasing Cars, Snow Patrol If You Leave Me Now, Chicago All By Myself, Eric Carmen 30. Suzanne, Leonard Cohen, Judy Collins Wildfire, Michael Martin Murphey Alone Again Naturally, Gilbert O'Sullivan Seasons in the Sun, Terry Jacks Daniel, Elton John I Wish it Would Rain, Temptations He Ain't Heavy, Hollies The Town I Knew So Well, Phil Coulter, the Dubliners Castles in the Air, Don McLean Mandy, Barry Manilow 40. These Eyes, Guess Who All Apologies, Nirvana, Sinead O'Connor She Has No Time, Keane I Can't Make You Love Me, Bonnie Raitt Never Gonna Fall in Love Again, Eric Carmen You're Beautiful, James Blount Please Mister Please, Olivia Newton John It's Sad to Belong, England Dan and John Ford Coley Sail On, Commodores Darcy Farrow, John Denver Just When I Needed You Most, Randy van Warmer All Out of Love, Air Supply Shannon, Henry Gross

I'm sure I missed a lot of them, since I put this together pretty fast.

I didn't include any classical pieces, though I could make a few recommendations.

Blute nur, du liebes herz. Bach, from St. Matthew Passion. Important to hear it from a top boy's choir. Cello Concerto no. 1, 2nd movement, Haydn. Must be Jacqueline du Pre.

Oboe Concerto in D minor, BWV1059R, adagio. Must be Heinz Holliger.

Adagio in G minor, Albinoni.

When I am laid in Earth, Purcell. Look for a heady female for this one, with less vibrato.

Pie Jesu, Requiem, Faure. Again, this I find most pleasing sung by a boy or a female with less vibrato. Most professional sopranos oversing it. It requires more edge and less vibrato.

Stabat Mater dolorosa, Pergolesi.

Oboe Concerto in D minor, adagio. Marcello. Again, Heinz Holliger is the greatest.

Cello Suite no. 5, Sarabande. Bach. This owes a lot to St. Colombe and Marin Marais, who you can learn about in the French movie *Tous les Matins du Monde*. See Jordi Savall.

Basically, whether you are writing a sad song on classical instruments or a sad contemporary song, get an oboe or cello and write in D minor. Your odds of success will go way up.