

A SOLAR MINIMUM UPDATE

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First published December 3, 2019

I haven't given you an update in a while, but things are finally changing. The last six months have been the worst period for Solar activity in centuries. Yes, you have just lived through the weakest Sun since the Dalton minimum in about 1810, and perhaps since the Maunder minimum of the late 1600s. And you lived through it with no warning and no help from the mainstream. Most people don't even know they have lived through two years of hell, and therefore have no idea why things have been so tough—making it even tougher. Millions of people have **died** in the past two years without even knowing why. So congratulations. You made it this far, and things are now looking up for you.

If you have been following along with me at Solen.info, you know I am not talking astrology or wuwu here. I am talking about real data from the Sun, gathered by hundreds of scientists and other specialists and posted daily. We have seen only two or three sunspots each month back to June, making the monthly number something like .1. Solen boosts those numbers by including “magnetic” sunspots not recognized by NOAA or SWPC, giving you a number more like .5, but the real sunspot number is about six times lower than what he is reporting there. Anyway, to understand what that number means, you have to know what it would be in a good month. We have to go back to February of 2014 to find the last maximum, where the monthly number was 146.1. That's around **300 times** higher than it has been in the past six months.

Some of us have also been following Solar flux, which may be an even better way of measuring Solar strength. It also has been anemic since mid-2018, running below 70. It hit a low of 65.9 several times in the past six months, which is the lowest I can remember. Again, we compare that to a good month, where it will hit 200 or more.

What does that mean for your body? It means you have been like a battery on very low charge. You know how your phone battery or wifi connection has four bars on the index? Well, you haven't even been hitting one bar. You are charged up to about half a bar, and have been sitting on near-empty for two years. You haven't felt a good zap for almost five years. Because of that, all your organs are sluggish. Your liver, kidneys, thyroid, and other major organs are running on empty, surviving only on willpower. Your cells are doing everything they can to suck energy from your environment in any way they can—in many ways that are beyond your comprehension. In short, they are in emergency survival mode, just trying to hang on a few more months.

Your symptoms may have included, but not been limited to, hyper or hypo thyroid, kidney pains, heart racing, heart palpitations, tingling or numbness in hands or feet, joint pain in hands or feet or anywhere else, dread, panic, anxiety, depression, headache, nausea, changed taste in mouth, sleeplessness, tiredness, general malaise, and general weakness. This is not to say that if you have any of these symptoms, they are definitely caused by Solar Minimum Sickness, but they *may* be. They are more likely to be due to SMS if you didn't have them prior to 2018 and if you are otherwise healthy. If you were healthy coming into 2018, then these symptoms were probably minor over the past two years, and they will likely go away as charge increases. If they were more than minor, SMS may have exacerbated pre-existing conditions.

As I have said, the young and healthy may have missed this emergency for the most part, since their cells are new and are running at 100% to start with. That helps. But we have seen signs there of Minimum even so. In the past two years, you have not seen world records set in sporting events, and this is why. You have seen more sports injuries, and this is why. You have seen more crashes and other accidents, and this is why.

But now for the good news. Sunspots are not much on the upswing, but Solar flux is telling us something is happening. We have hit 71.6 a couple of times in the past two weeks, which is still low, but which is around 8% above the minimum mark of 65.9. The average number for November jumped from 67.4 to 70.2, about a 4% jump in one month. Also hopeful. So although the rise has admittedly been delayed for reasons unknown, I am still predicting a quick rise over the next year, since we have to hit a first peak in early 2021, when Saturn aligns with Jupiter.

I would have thought that the climb would have started earlier, but it appears that Uranus being square and Pluto being in alignment has caused some sort of depression beyond what one would have guessed. One wouldn't think Pluto, being so small, could create such a large effect, but I have shown in both my [Bode paper](#) and my [Axial Tilt](#) paper that charge density is compressed as it returns to the Sun. Meaning, the charge effects from outer planets are multiplied by their distance, rather than diminished. This is why Neptune has a [larger-than-predicted effect in the Solar Cycle](#).

But as Jupiter moves into line with Saturn in the next 13 months, Pluto also moves as quickly *out* of alignment, hopefully magnifying that effect. Uranus stays square, but Neptune becomes *less* square. This would indicate to me that the maximum caused by the alignment of Jupiter and Saturn may not be a large one, but I can't see any reason it wouldn't come on schedule. Which is why I am still predicting a very quick rise over the next year.

Some are fearful that we will see no maximum this cycle, like in the Maunder years, or that the mainstream is right and that we will have to wait until 2023 or later for the first peak in this cycle. But I don't think so. Studying the [Fourmilab app](#) I can't see any reason the alignment of Saturn and Jupiter will not cause a peak and will not give us major relief from the current malaise.

So if I were you, I would plan for a much improved 2021-2023. If you are hoping for a last hurrah, or even a *next* hurrah, schedule it for that time. Nature will then be on your side.