

CELINE DION



by Miles Mathis

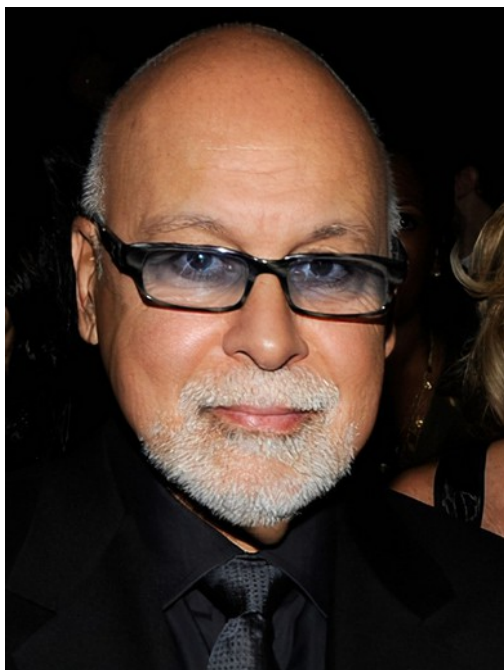
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While I am outing singers as Phoenician Navy, I might as well hit Celine Dion, who came up in my recent paper on Adele. Dion looks more Jewish with each passing year, so this shouldn't be hard to convince anyone of. She is supposed to be the daughter of a butcher, which is a slight variation of the usual joke. They often claim to have fathers that are bakers, and we just add the "n" to get bankers. But they went the extra mile here, claiming butcher instead of baker. It was that or candlestick maker.

Butchers' daughters so often become famous singers at age 12, as we know. Butchers have all the best connections in the music world. They just promise to keep the thumb off the scale as long as Sissy is promoted into worldwide fame and riches.

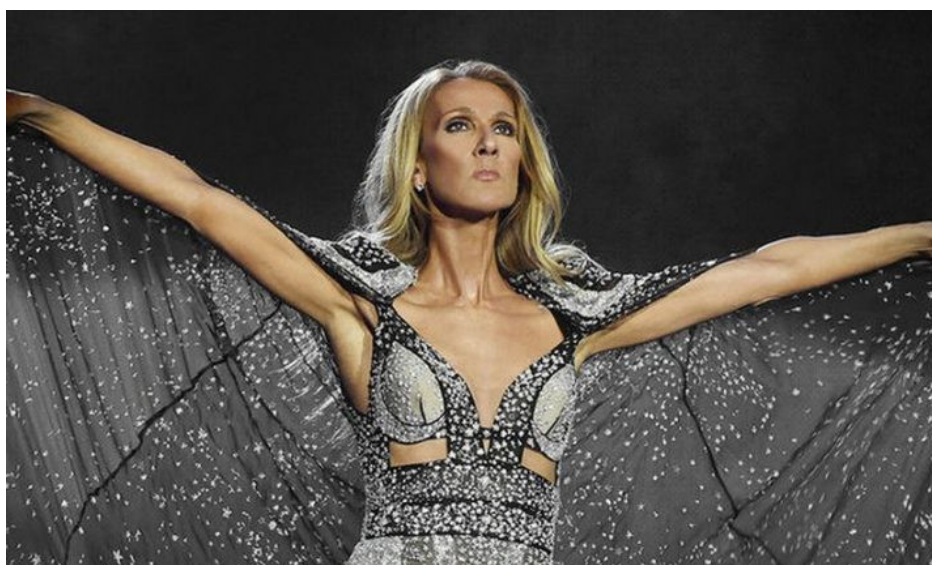
If you don't understand why I say she looks very Jewish, it is the extremely long face and nose. She also may have a Habsburg jaw. She really couldn't look more Phoenician if she tried, so I don't know why this is even a question.

According to Answers.com, she *is* Jewish, which is somewhat refreshing. But according to Ethnicelebs she is French-Canadian. Except that French-Canadian isn't an ethnicity. It just tells us a location. JewornotJew has allegedly never heard of her. Beliefnet tells us she is Catholic and Wikipedia confirms that. Yeah, right. That explains why she owns Jewish delis, I guess. Also explains why she married the Jewish Rene Angelil, though they expect us to believe he was Syrian and Lebanese, of the Melkite Greek Catholic Church. Of course he was.



Because music producers and talent managers are hardly ever Jewish. He was also an owner of Schwartz's Jewish Deli, because Syrians and Melkites just love Jewish Delis. They can't help it. Angelil's first wife Manon Kirouac (Anne Renee) was also Jewish, being a Rousseau, Hamel, Kerouac, Vallee, and Maisonneuve.

As for Dion, the most obvious clue is her great-grandmother **Levesque**. Levesque=Levi. She is also a Pelletier, a Paradis, a Dumont; and a Tanguay and Gagne in several recent lines. She is very inbred, which is not uncommon in these families. She is a Dion on both sides. [She comes from Gaudets and Capets](#), that last name telling us who she really is. They were French/Phoenician kings. [She is related to Tim Dowling](#), which means she is also a Stuart.





Angelil discovered Celine when she was twelve and soon began dating her. We don't really know how soon, though they admit it was age 16 if not earlier. That would be illegal in the US, but they were in Quebec where the age of consent is much lower. When Celine was 16 Angelil was 42.

So why even mention Celine Dion? Because, like Adele, she has really unmasked herself in the past few years. Celine is now promoting [gender-neutral clothing for toddlers and kids](#):





Who *doesn't* want to dress their babies in skulls and pyramids?

If you don't find those pictures disturbing, you aren't paying attention. Not only are the clothes ghastly uniforms from hell, the facial expressions on the kids are just as weird. Some of them look stoned and others look like they were just beaten. Were these kids instructed to look weird, caught at a bad moment, or chosen for being spooky, like kids chosen for horror movies?

Some who have just arrived might have wondered why I was outing Dion as Jewish/Phoenician. Why does it matter? Aren't I just a prejudiced anti-Semite? No, since now you see why I am here. The whole thing has gone way beyond some conspiracy theory about Illuminati or something. These people are now just admitting it straight to our faces. But why and why now? They have been hiding in the shadows for millennia, so why crawl out of the ooze now and start bowing to Ba'al in the broad daylight? Can they really continue to sell Celine Dion as a Catholic while she is promoting skulled jumpers and "New Order" onesies? Are they testing our ability to hold two contradictory ideas at the same time?

I think in some sense End Times is already here. Let us just hope it is mainly end times for them. It has long been past time for their end times.

As some indication of that, I encourage you to notice how bad she looks in that photo under title. She has just turned 54, about five years younger than me, but looks fifteen years older. What I mean is, she looks at least 60, while I look about 45. That's a difference of 15 years. As a rich Phoenician woman, she should have access to treatments I have never even heard of, but still looks like death warmed over. Why? I am telling you why. It is the same reason she is pushing skulls on baby clothing: she is a ghoulish and is quickly looking like one. It isn't an accident or a coincidence. Those who push death soon look like death.

As I have said many times, the Phoenician Navy created their own permanent End Times thousands of

years ago, if not by bowing to Satan then by embracing the seven deadly sins and setting themselves against Nature. They have always thought they could best Nature by inverting her rules, but by any measure other than cash on hand, it has always failed them miserably. We need no other proof of that than looking at their faces past 50.



Imagine having to look at that every morning in the mirror. And that's with makeup and flattering light and retouches. Poor sad man: you can't really hide how you really feel, can you? Is that picture illustrating the “gain the whole world and lose your soul?” Yes, whether it was meant to or not.



And who does he look like there, from a few years ago?



The other creepazoid troll from Planet X, Majorkas. And also . . .



Yikes! Money really doesn't become him, does it? Bezos hit the top of the *Forbes* list and morphed into an alien almost simultaneously. It looks like someone cut his head off with a guillotine and then taped it back on with flesh-colored duct tape. That's also when his eye went all droopy, so they need some duct tape on that, too. I guess next his ears will fall off and white fluid will start squirting out. Bezos is 58, again younger than I am.

You will say I am just being cruel, since these people can't help what they look like. That may have been true in their 20s or 30s, but it isn't true in their later years, since the soul imprints on the body. And these people don't have the excuses poor Gentiles might have for aging poorly, like working themselves to death or being poisoned by a dirty environment they cannot escape. These people grew up in extreme privilege, and never had to do a day's work by normal standards. They are privileged to the best healthcare, the best food, the best water, the cleanest environments (including private islands), and all the cutting-edge science. If any of their information or advice or bloodlines were worth a damn, they shouldn't age much before 60. They should all age like Brad Pitt or Heather Graham, or much better, but they don't. And it is just getting worse for them by the decade, as they crash and burn in ever more spectacular fashion.

Which brings up this question: if I am right, and if Pitt and Graham are Phoenicians, how have they (so far) avoided the crash and burn? Are they somehow cleaner than their cousins? Have they lucked onto proper dosages of something where others haven't? I wish I could tell you, but I can't. We know Graham sleeps a lot, which may be a clue. That indicates to me a close relationship to her personal Muse or Guardian Angel, who may protect her, for reasons only they know. Pitt may have some of that Mojo going on as well. However, I think when he schlepped for the vaccines by playing Fauci on SNL

in 2020, implying Trump wasn't bringing them in fast enough, he put any good karma he may built up in previous lives in serious jeopardy. He is now complicit in mass murder. Also, remember that his galpal Jennifer Aniston very publicly cut ties (on Twitter) with anyone who hadn't taken the vaccine, and she hasn't cut ties with Pitt, telling us what we need to know.

The only major star I have seen refusing the vaccine is Olivia Newton-John, and I am probably about the last person who would call her a major star in 2022. After what she went through with multiple cancers, she would have been an idiot to have taken the vaccine, but she was still crucified for her stance by the mainstream, at the behest of Pfizer.

With further research, I found that Kirstie Alley, Rob Schneider, Letitia Wright, Samaire Armstrong, Ice Cube, and Nicki Minaj had also publicly refused it. Good for them.

As for Graham, she mostly stays out of it. I found nothing on her name and vaccines. She got involved in the Weinstein saga in a small way, allowing herself to be quoted that he had hit on her, which I don't believe. She also allowed herself to be the front for 2018's *Half Magic*, which she allegedly wrote and directed, which I also don't believe. It is a transparent Men-are-Pigs project right out of the sub-basements at Langley that has one (yes, one) user [review at Metacritic](#), with a score of 2 out of 100. Yes, two. The female reviewer at RogerEbert.com gives it a 38, on an average of 49. IMDB rates it a 4.6 out of 10. Awful. But again, I don't blame Graham for it because I don't believe she actually wrote it. I don't believe she can write a sentence, much less a script. To be honest, I think one reason Graham hasn't aged much is that she is still a virgin. Yes, really. So she is like Rapunzel in the tower, and has never let her hair down.

Does that mean that I recommend virginity as a beauty treatment? No. Definitely not. However, since we already hit Olivia Newton-John and her problems with cancer, I do recommend Graham knock off the hair color. Women over 50 should never color their hair, and they should downsize their beauty products across the board. That applies to people of all ages, of course, men and women, but it is especially important for older women, who tend to up their dosages rather than tail them off. If you don't believe me, research it yourself. I am not the only one saying it, and don't claim credit for the opinion.

On the way out I will change gears a bit, trying to finish positive. I have been on record long ago recommending the Vanessa Redgrave method of aging gracefully: stay thin, go grey, wear minimal or no makeup, smile and hold your head up. Natural moisturizers (oils, aloe vera) are OK, but almost all other products are suspect. And you have to moisturize from within, by eating the right oils and collagens. Never smoke or drink, other than a very occasional beer or glass of organic wine. That is something Heather Graham does right, besides sleeping a ton. [Sorry to digress into this, but I have been getting a lot of questions about it in email, from men as well as women, especially after posting pics of myself at the end of 2020—ignore it if you already know it or if it bores or offends you.] Don't drink fluoridated water or even use it to wash your face. Don't use fluoridated toothpaste. Don't use sugar substitutes. Occasional sweets are OK, but you have to be very picky about them. Assume that anything that is labelled “sugar” is beet sugar, which is genetically modified. Don't eat it. If it doesn't say “organic cane sugar”, don't even think of eating it. If you have to buy sugar, buy organic brown cane sugar. I don't even buy that. I use maple syrup in my coffee, since it is lower glycemic than sugar, and I don't buy or use any other sweetener. Don't eat anything with canola oil (rapeseed) or soy

in it. Your grapes, raisins, nuts, and peanuts/peanut butter have to be organic, since they have the highest pesticide concentrations. But I never eat peanuts regardless. What are the “right” oils? I mostly use organic coconut and olive oils. Bragg is the best olive oil. Your olive oil should be green, not yellow. Never eat mayo and avoid butter. Never eat ketchup. Mustard is OK. Don't eat nutmeg. Cinnamon is good, especially in coffee with sugar, since it lowers the glycemic effect even more. Never drink sodas. Limit your fruit juice intake as well. Fructose from fruit is OK, but only in moderation. Never eat high fructose syrup, or any kind of corn oil or syrup, or anything that contains it, even in small amounts. Treat it as the equivalent of rat poison. It tweaks the blood/brain barrier, allowing aluminum to cross it, eventually causing dementia. This is known and admitted, and I have seen it firsthand with my mother. If you are pre-diabetic, avoid pumpkin, which is about the worst thing for you.

If you need to lose that last few pounds for the beach or something, try going cold turkey on bread and bananas. Bananas are good for you, especially in winter, but unless you are exercising a lot, you can't maintain your fighting weight while eating bananas. You will always be +5 or +10. Otherwise, eat fruits or veggies, but never buy them in plastic containers. If there is one thing that doesn't need to be in a plastic container, it is fruit and veg. And if you have to buy a sandwich or wrap at the market, the same thing applies: get one wrapped in paper or foil, not in plastic. Avoid all unnecessary packaging and all plastics. I also avoid almost all cleaning products, other than Dr. Bronner's soaps. And that includes disinfectants. For cuts I use hydrogen peroxide for one minute followed by sea-saltwater. I use sea-salt in my bathwater (Real Salt from Utah, not Himalayan, which has fluoride in it). I also add two vitamin C capsules to my bathwater. Why? It combines with Fluoride and Chlorine in the water, protecting you from them somewhat.

Never use perfumes or colognes, and avoid all manmade scents, including air fresheners, scented candles, scented soaps, or scented detergents. They all interfere with your body's natural signaling processes. Never use anti-perspirants, and avoid most deodorants as well. If you stink, wash your pits and change shirts: it isn't rocket science. I don't use any deodorants, and as a hairless blond not working in an office I can mostly get away with it, but if I were dark and hairy the only deodorant I would consider is something like Tom's Natural stick. Healthy humans generally smell pretty good to one another (and even to their animals), so if you don't you may want to look at other causes, starting with diet and clothing. Anti-perspirants and heavy scents will just make you sicker.

Get rid of all the chemicals in your life that you can. Don't use any weedkillers or bugkillers. Don't spray your pets for fleas or ticks or put collars on them. Just pick the ticks off them. Don't use sunscreen. Don't use mosquito repellent, except for peppermint, citronella or other natural scents. Never use Orkin or other pest controls, unless you really really want cancer. That's also a reason to avoid office buildings, since they are regularly soaked with poisons. Same for motels and hotels, which should generally be avoided. Always do a smell test, and if anything smells like Raid, get out immediately.

After experimenting with a lot of supplements, the only one I use regularly is vitamin C. I find it makes a big difference with my gums. Ester-C works well and isn't too expensive, but the best is food based C like Pure Synergy or Billy's, which come from organic berries. I also eat a lot of organic blueberries. Wild-caught salmon is a great splurge item when you can afford it, Alaskan being the best, the redder the better. Don't bother with farmed, dyed, or pale orange salmon. Trout is also good, but it is best when you catch it yourself. The rest is farmed and a bit dirty.

I also have NAC and zinc in my cabinet, NAC still being available despite what you are told.

Eyebright and bilberry are good for your eyes. I always have high quality magnesium for when I need it. I supplement with mega-mineral capsules occasionally, but keep the dosages low. A bottle of fulvic/humic minerals is also worth having, but use it sparingly. It is only necessary to fill in the corners, as it were. MSM (sulfur) is good for occasional use as well. Just add a pinch to your water. If you are a vegetarian or don't eat enough red meat, you may need to supplement iron. If you get foot cramps at night that may be the cause. It might also be magnesium or sulfur. Don't overdo the iron: keep the dosage as low as possible, since it can cause some of the same problems as aluminum, in tandem with HFCS and other things.

If you are poor, lazy, or just disinterested in the whole topic of vitamins and supplements, still be sure to have some Ester-C around. You will be glad you did. It will stop bleeding gums, for one thing.

I rarely have an acid stomach, but when I do the best thing is usually a banana that isn't too ripe. One a tiny bit still green on the ends is perfect. If that doesn't do it, follow that with a bit of baking soda stirred into a glass of water. Sit up instead of lying down, and walking may help also. Sometimes bread helps. Sometimes a bit of milk helps, though you wouldn't think it would. The cause isn't always the same, so sometimes you just have to improvise. If one thing doesn't work, try another. The best thing of all is to try to relax. Close your eyes and breath deeply and slowly, without hyperventilating. For me, all those things are better than Tums or other pharmacy cures. You don't want to be slamming Tums all the time or drinking pukey pink concoctions.

If you are constipated, just drink a large glass of water. If that isn't enough, keep drinking. You are seriously dehydrated. Same thing for dry eyes, which is most often dehydration. Same thing for kidney pains. Drink water immediately, unless that obviously isn't the cause.

Back pain not caused by injury is almost always caused by chronic tightness. Massages and heat will help, but that is only a temporary cure. You need to loosen that area up permanently, and that can only be done by stretching. The old touching your toes, and variations thereof. Start by touching your toes with knees bent and head hanging like a ragdoll. Shake your head gently in all ways, and then round up slowly. Repeat several times and then several times a day, loosening up over a matter of days and weeks. Over time you will be able to do that with straighter knees. You can do the same thing on the ground, rolling up like a pillbug in various positions: on both sides, on your back, and on your knees and elbows. Get your head as close to your bent knees as possible, without straining. You are now on your way to doing yoga.

It is also important to keep your neck loose, or to work towards that. Take time everyday moving it in all ways, forward and back, side to side, and in full circles.

In the same way, work toward loosening your arms and legs. Raise your arms overhead as far as you can. Swing your arms as freely as you can, without straining or overdoing it. Turn side to side, stretching out your waist. Basically, stretch out everything you have in every way you can think of.

Do the same with your legs. This will be the hardest at first, since the backs and insides of the legs are generally the tightest in the body, and for many people they are where you store stress. But if you can loosen up your legs, you will take away a lot of the pressure on your back, and get rid of that problem permanently. Stretching out the hamstrings is also painful, and you have to be careful. If you push too far you could tear something. So take it slowly, but push yourself a little everyday. You can start by stretching the calves and achilles, which is a bit easier. You just lean forward against a wall and increase the angle at your heel. That will start the lengthening of your entire backbody. The whole line

of the body from heel to head is connected, and you have to hit all the spots, including leg, back and neck. You are probably storing all kinds of “black” energy there, ie stress, and it really can be evaporated just by stretching. In times like this it is especially important to release it, so that it doesn't cause injury or further internalization of stress (as upon the internal organs).

OK, I have briefly touched on a lot of the questions I have gotten in email. I have emptied part of my answerbag. If you have more questions, let me know in email and I will try to hit them in future tack-
ons. You can also find good information on a lot of these questions on general searches, avoiding mainstream sites and leaning toward holistic or natural sites. You will find beginner yoga classes almost everywhere now, re-opening after Covid hopefully, and I highly recommend them even if you don't consider yourself a hippie. Even if you are Trump and NASCAR all the way, you can do yoga for the reasons I gave above. Even Conor McGregor does yoga. Feel free to ignore the new-age stuff, including the Buddhism or Hinduism, since there is no test coming in or going out. You are paying for the class so just take what you need and quietly ignore the rest. If you can't do something or prefer not to, just don't. No one will question you, and if they do you can just say you are coming off injury or illness. Tell them you are PTSD, a war veteran, or a tranny survivor. Make up whatever story you like, and have fun with it. And if the spiritual side of it appeals to you, run with that as well.