

Not Fit For Human Consumption



by Miles Mathis

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Texas has passed a law that will come into effect in 2027 slapping a “not fit for human consumption label” on many junk-food products, including ones that contain substances banned by the European Union like food dyes, bleached flour, BHT, SLS, olestra, and hydrogenated oils. This is mostly coming down from Robert Kennedy's new NIH, though people in Texas also get credit.

Seems like a good start, except for two things. One, the list of 44 substances is WAY too short. There are thousands of things in our food that should be banned outright. Aspartame and high fructose corn syrup have already been removed from the list due to industry pressure. Two, this reminds us that a label is a very weak substitute for a ban, showing us again that our country is run not by legislatures but by big corporations. We are told food is regulated, not only by FDA but by State agencies, but as we see here that isn't really the case. It has been a free-for-all for a century, and only now does anyone think of putting up a warning label. General Mills must have come up with that idea themselves, since they know people don't read labels. If they did all these companies would have gone bankrupt decades ago.

I think anyone can see the insanity of allowing food on the shelf that is not fit for human consumption. How about just skip the label and ban it? Isn't that what our government is for? Isn't that what we pay taxes for? Isn't that what regulation is about? In Europe, yes, to a limited extent, but not here.

Of course the big food producers have sued, arguing that their right to sell poison is being infringed by this legislation. [They have actually sued based on First Amendment arguments.](#) And I am not even kidding. Just as we saw [Google lawyers arguing recently that they had a Constitutional right to censor](#) anyone they liked, based on the fact they had not ceded their free speech right to say and do whatever they wanted, we see the same thing here, where Big Food is making much the same “argument”, hiding behind the First Amendment, as if that gives them the right to sell any combination of poisons as food. Could any judge or jury fall for either argument? No, but it doesn't matter because people can always be paid off. They always have been so what is different now?

The FDA is also responding, with Heidi Overton, nominee for FDA Chief, [telling Congress recently the agency doesn't have the resources to regulate the food industry](#). No wonder, since the agency was bought out by Big Pharma and Big Ag decades ago and gutted, with only enough money to promote fake vaccines and torture small defenseless animals. Overton admitted the big food producers are self-regulating, doing their own studies on ingredients and chemicals and mailing the reports to FDA, which then rubberstamps them without checking them and probably without reading them. Overton just admitted FDA doesn't even have the manpower to file the reports, much less to run their own experiments to check them. Notice Overton says she would need more resources for GRAS notifications. So they need more taxes just to *notify* companies they need to obey the law. I'm sorry, don't companies already know that? Shouldn't the companies hire someone to read new laws and make sure they are in compliance? So notification still isn't regulation, it is just busywork.

Let me see if I get this straight: the US, the richest country in the history of the world by far, spends a trillion on “defense” every year, though no one is attacking it, almost ten times what any other country spends, including China, and the President wants to increase that to \$1.5 trillion, but we don't have enough money to be sure the food on the shelves isn't full of poisons? You and I always assumed FDA was putting each new ingredient through rigorous safety tests, with huge teams of top government scientists, but that isn't even close to being the case. FDA is mostly a bunch of suits bribed by Big Pharma and Big Ag, sitting around filing papers and taking meetings, and the few scientists it hires are sadistic ghouls [spending your taxes to torture bunnies, puppies, and monkeys](#) with electrodes, knives, and various poisons.

[I have told you before](#) (2012) and I will tell you again: you need to totally boycott Big Food. Any company that would hire lawyers to make these absurd arguments and fight regulation should be avoided at all costs. Just to remind you these companies are:



You will say you can't boycott all Big Food: you would starve. Nope. In fact, you are starving your body of real food by eating that garbage. I don't buy anything from any of those companies, not even a stick of gum, and I am not starving.